



Irish National Cyclo-cross Championships 2017 Technical Guide (v2)

*Amendments from v1c have been **highlighted***

This is the technical guide to the 2017 Irish National Cyclo-cross Championships which will be hosted by Dromara Cycling Club at Tollymore Forest Park.



Contents

Race date	1
Venue location	1
Class of the race	1
Organiser’s contact information	1
Categories of riders (+ minimum numbers)	1
Licence information	1
Pre-entry information	2
Rider fees	2
Prize list / Points scale	2
Team Prize	2
Specific specifications for this event	2
UCI points	3
Commissaire list	3
Clothing	3
80% rule	3
Podium	4
Anti-doping	4
Equipment	4
Gridding	4
Accreditation and feed-zone passes	5
Double pit	5
Race schedule (including practice times)	6
Opening times to venue	6
Locations of registration and opening times	7
Riders briefing & location	7
Race numbers and timing chip	7
Timing company information	7
Press/media information	7
Parking arrangements	8

<u>VIP parking close to the pit area</u>	<u>8</u>
<u>Bike wash facilities</u>	<u>8</u>
<u>Spectator access and information</u>	<u>8</u>
<u>Crossing points</u>	<u>8</u>
<u>Transport links.....</u>	<u>9</u>
<u>Accommodation links</u>	<u>9</u>
<u>Event Sponsors</u>	<u>9</u>
<u>Catering arrangements</u>	<u>9</u>
<u>Toilets, showers</u>	<u>9</u>
<u>First aid location.....</u>	<u>10</u>
<u>Nearest hospitals</u>	<u>10</u>
<u>Emergency evacuation location</u>	<u>10</u>
<u>Litter – use of bins</u>	<u>10</u>
<u>Description of the course</u>	<u>11</u>
<u>Map of the course</u>	<u>14</u>

Race date

The race will take place on Sunday 8 January 2017.

Venue location

The venue will be Tollymore Forest Park, Bryansford Road, Newcastle County Down, Northern Ireland BT33 0PW. Sat nav. co-ordinates: 54.225251, -5.934250
Map link: <http://bit.ly/1QXhY0Z>

Class of the race

National Championship.

Organiser's contact information

Race Director: Martin Grimley, martin@dromaracc.co.uk,
Telephone (uk) 078 999 138 65
Other contacts: committee@dromaracc.co.uk

Categories of riders (+ minimum numbers)

Category of licence held	Details of combined categories	Year of birth	Minimum number	Maximum number	Race number colour
Senior men	Elite & Espoir	1995-1998 1978-1994	12	90	White
Women	Junior, Espoir, Senior	2000 or older	12	40	Yellow
Junior men		1999-2000	6	40	Blue
M40 men		1968 – 1977	12	90	Orange
M50 men		1958 – 1967	6	40	Red
M60 men		1957 or older	6	40	White

- See Cycling Ireland Technical rules T10.1.11

Licence information

Riders must also have a UCI code which begins with "IRL". Cycling Ireland riders must hold a 2017 licence either a Limited Competition (LC) or Full Competition (JR, A4, A3, A2, A1, A+). Licences must be presented at sign on.

For non-Cycling Ireland licence holders, please ensure you have a 2017 licence from your federation then email a copy of your licence to the race director before pre-entry closes.

Pre-entry information

Pre-entry is run through the Cycling Ireland Azolve system. Opens Wednesday 21 December 2016 and closes at 23:59 on Sunday 1 January 2017. Riders need to pre-pay at the same time. Link to pre-registration - <http://tinyurl.com/hrmnexx>.

Rider fees

Senior riders - £20 (sterling)

Junior riders - £10 (sterling)

Prize list / Points scale

Medals will be awarded for top 3 riders in each of the six categories (Senior men, Women, Junior Men, M40 men, M50 men and M60 men).

(See Cycling Ireland Technical rules T10.1.14 in respect of number of starters in respect to the number of entries required)

A National Jersey will be presented to the winner of each category provided the rider and race meets the criteria set out in the Cycling Ireland Technical rules T10.1.15 (see below).

15. A National Champion's Jersey or Skinsuit will be presented to all National Champions, however no rider may be awarded more than one such jersey in any year.

No jersey will be awarded to the winner of a Championship where the number of starters are as described in table T10 A1.14 above.

No jersey will be awarded in a Championship event where there are less than 3 Open events held in any one year in that discipline.

The National Champions jersey will have the Cycling Ireland logo and name inscribed in an area not exceeding 64 square cms. on the left breast.

The jersey must not be covered during the presentation ceremony.

Team Prize

Team medals will be awarded only in the Senior men's race. A set of 3 team medals will be awarded to the winning team which must be affiliated to Cycling Ireland.

Team medals will only be awarded if a minimum of 3 teams have entered the race.

(See Cycling Ireland Technical rules T10.1.20,21)

Specific specifications for this event

The event is being run under Cycling Ireland rules. The technical rules can be found on <http://www.cyclingireland.ie/page/events/technical-rules3/technical-rules> . There are no specific specifications for this event.

UCI points

The table below provides details of the UCI points that are awarded for national championships. Points are not awarded for M40, M50 or M60 categories.

Finish	National Championships	
	Men/Women Seniors	Men Juniors
1	100	30
2	60	20
3	40	15
4	30	12
5	25	10
6	20	8
7	15	6
8	10	4
9	5	2
10	3	1

Commissaire list

The race will be under the control of the PCP – Paul Watson (UCI). He will be working with Gary McIlroy, Maurice Mayne and Maciej Staroniewicz. Riders are asked to show respect to the commissaires and all personnel involved with the event.

Competition Clothing

Competitors MUST wear the clothing of their registered club/team as registered with Cycling Ireland or other UCI National Federation. No commercially sponsored clothing or national team clothing is permitted by any competitor.

Unattached members are permitted to wear plain clothing only without any form of advertising aside from the manufacturer's logo on the breast and on the leg of the shorts.

Failure to comply with the above may result in prohibition from starting the event.

The official kit must also be worn for the podium presentation.

(See Cycling Ireland Technical rules Article.1.1 and Appendix 4 Reg 3)

80% rule

At this stage it is not envisaged that the 80% rule will be enforced but this can be brought into play on the decision of the President of the Commissaire Panel (PCP). The 80% zone would be at the top of the tarmac climb at the marshal point near the scout camp changing area (Marshal Point M4).

Podium

The podium presentations will take place near the start/finish area. The first three of every category have to present themselves for the award ceremony as soon as the last rider has crossed the finish line in their race. There will be a gazebo for the athletes to sit in before the ceremony. The ceremony should not take more than 10 minutes (see clothing note above).

Anti-doping

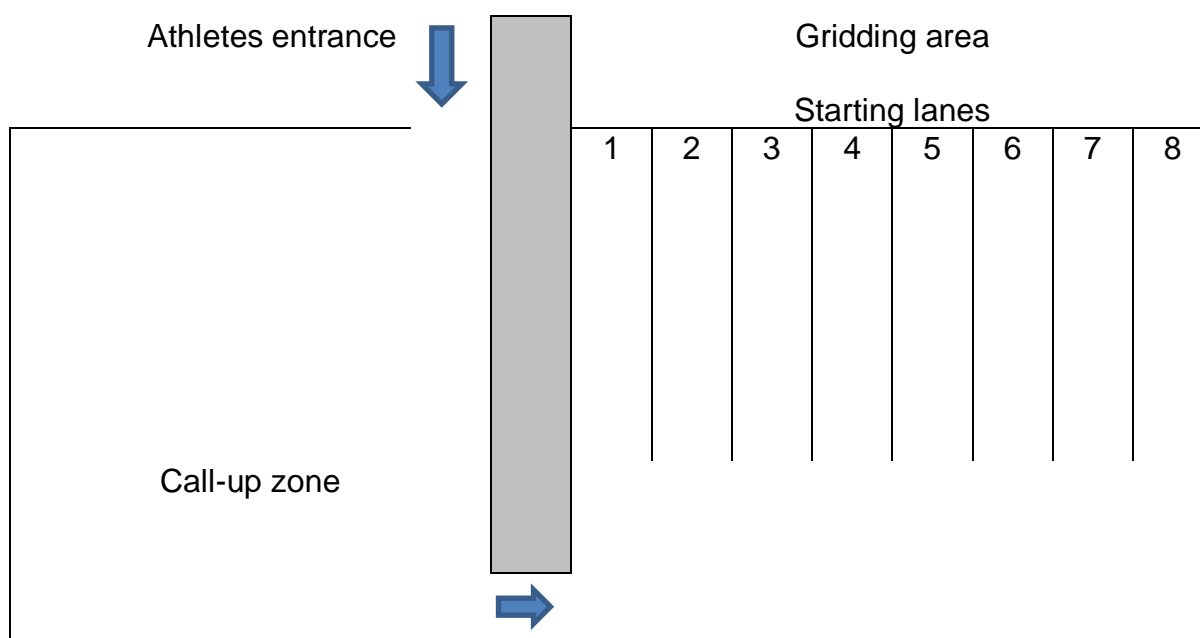
We have not been informed if anti-doping will be on site. It is the responsibility of all riders to ensure that they are not required for Drug Testing.

Equipment

Only bikes described in the UCI Equipment section as “Cyclo Cross bikes” may be used in the National Cyclo-Cross Championship.

Gridding

Riders will be gridded for the start of their race. Competitors will be called 15 minutes before the start of the race. At 10 minutes to the start the gridding will begin from the holding area. Any competitor not present when the gridding commences will forfeit their grid and start from the rear of the race. Spaces cannot be held for riders who are not present when their name is called. Access to the starting grid is via the call-up zone.



Details of the gridding lists will follow closer to the race date.

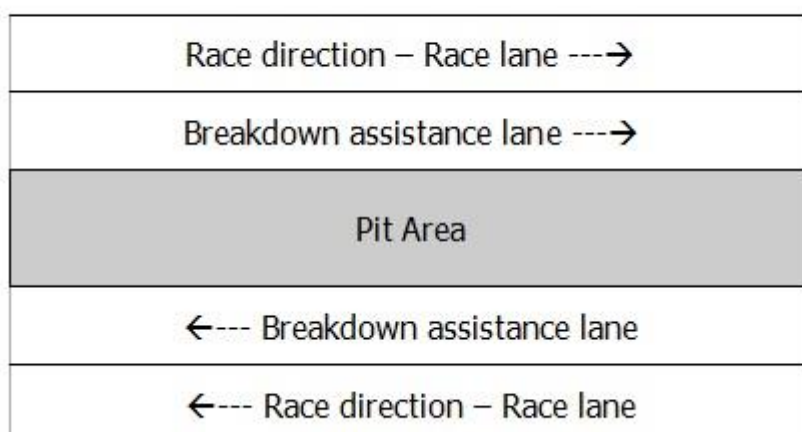
Accreditation and feed-zone passes

Access to the pit zone will be by wrist band. Riders can request up to two wrist bands for their pit crew. Wrist bands will be available at registration. Commissaires will be located in the pits to ensure that only authorised persons are allowed inside.

Double pit

A double pit will be in operation at the national championships.

Double Pit Area



The race lane and pit (breakdown assistance) will be marked with a yellow flag. Details of the use of the pit lanes are shown in the Cycling Ireland Technical Regulations (Chapter T9, Article 2, paragraphs 15-22).

A competitor can only enter the pit lane for an exchange of bike. A competitor is not permitted to race through the pit lane for a cleaner line to gain an advantage. Once a competitor exits the pit lane, the competitor is not permitted to return against the direction of the course to the pits.

Race schedule (including practice times)

Saturday 7 January 2017

From	Event	Until	Practice time
14:00	Course open for practice	16:00	120 minutes

Sunday 8 January 2017

From	Event	Until	Practice time
09:00	Sign on opens	13:30	
09:00	Course open for practice	10:00	60 minutes
10:00	Riders called up to start grid & course cleared	10:15	
10:15	M40 men's start time	45-55 minute race	
10:16	M50 men's start time	45-55 minute race	
11:15	Course clear and open for practice	12:00	45 minutes
12:00	Riders called up to start grid & course cleared	12:15	
12:15	Junior's start time	40-50 minute race	
12:16	Women's start time	40-50 minute race	
12:17	M60 men's start time	40-50 minute race	
13:15	Course clear and open for practice	13:45	30 minutes
13:45	Riders called up to start grid & course cleared	14:00	
14:00	Senior men's start time	50-60 minute race	
15:15	Course clear and ready to be pulled down		

Opening times to venue

The venue will be open from 8:30 am on Sunday 8 January 2017. On Saturday 7 January 2017 the venue will be open from 1:30 pm for practice which starts at 2:00 pm.

Locations of registration and opening times

The sign on will take place in the former café beside the car parks.



This is an indoor facilities with ample room for sign on. Signage will be in place to direct riders to the sign on area. Riders must present themselves along with their 2017 licence cards or a PDF version of their 2017 licence. Sign on opens at 9 am on Sunday 8 January 2017. Sign on closes 30 minutes before the start of each race.

Riders briefing & location

A rider briefing has been provisionally scheduled for 16:00 on Saturday 8 January 2017 in the sign on location. The briefing will be held by the PCP, event organiser and other relevant parties. The briefing will only be held when 5 or more riders have requested the meeting through the event organiser or PCP.

Race numbers and timing chip

Race numbers will be supplied by the organiser and timing chips by the timing company. Both race number and timing chip must be returned at the end of the race. Riders will be charged for failing to return either the race number or timing chip.

Timing company information

Chip timing provided by Elite Timing.

Press/media information

An area will be set aside in the old café for press/media.

Parking arrangements

All event attendees must enter the forest through the main gate. The forest has ample car park spaces on wide tarmac areas. They are marked on the event map. A limited number of vehicles will be allowed to park in one of the event fields close to the pits. The vehicle owners will have to pay a fee for access to this parking area (see details below).

VIP parking close to the pit area

There is a limited amount of parking in the field where the double pit will be located. Riders can gain a VIP pass to drive their vehicle down to this field. Those with VIP parking must have their vehicle in place before 9 am on race day and will not be allowed to leave until the final race is over. There is a fee for the VIP pass which is £25. Please contact the race organiser to be sent a link for payment.

Bike wash facilities

There is a tap beside the pit lane and another a short distance away in the same field. There are two further taps beside the scout facilities which can be used for bike washing.

During the races, pit crews are asked to wash the bikes in the wash zone and not in the pit lane. The organisers will not be supplying high pressure hoses, hose pipes or buckets. Riders/pit crews must supply their own equipment. Non-racing participants who are cleaning their bikes are asked to keep the water and mud off the tarmac road and tarmac surfaces.

Spectator access and information

Spectators will be allowed to stand outside the course along any point. Access to the lower fields is across grass field number 2 (See map below). Spectators are restricted from using the tarmac road to gain access to the lower fields. No spectators will be allowed into the pit area. It is recommended that all spectators wear appropriate clothing and footwear.

Crossing points

There will be marshalling in place to control pedestrian access at the crossing point. All spectators are asked to obey instructions from the marshals.

Transport links

For bus links to Newcastle see www.translink.co.uk.

Accommodation links

Newcastle in County Down is only 2 miles away from Tollymore Forest Park. There are many links to accommodation in the area which can be found using popular internet search engines. Here are some of those links.

<https://www.holidaylettings.co.uk/newcastle,-northern-ireland/>

<http://www.discovernorthernireland.com/Bed-and-Breakfast-in-Newcastle-T15690-L64>

<http://www.bedandbreakfastsearcher.co.uk/county-down/newcastle.asp>

http://www.tripadvisor.co.uk/Hotel_Review-g186478-d191955-Reviews-s1-Slieve_Donard_Resort_and_Spa-Newcastle_County_Down_Northern_Ireland.html

<http://www.carlingfordandmourne.com/newcastle/where-to-stay>

<http://www.newcastlebandb.com>

Event Sponsors

The event is being sponsored by ChainReaction Cycles.

Catering arrangements

A chip van will be on site in front of the scout changing building. Riders and officials will be provided with food tokens by the race organisers. Others can purchase food from this van. A tea & coffee van will be available beside the pit area.

Toilets, showers

There are toilets on site in the car park as well as beside the course in the scout camp facilities. See map for details. Showers are also available for males and females at the scout camp building.

Any rider caught using alternative toilet arrangements will not be allowed to race.

First aid location

The ambulance will be parked beside the scout camp facilities.

Nearest hospitals

- Downe Hospital, 2 Struell Wells Road, Downpatrick, BT30 6RL (12.04 miles) 028 4483 8191
- Daisy Hill Hospital, 5 Hospital Road, Newry, BT35 8DR (17.66 miles) 028 3083 5000
- Lagan Valley Hospital, 39 Hillsborough Road, Lisburn BT28 1JP (20.46 miles) 028 9260 4643

Emergency evacuation location

In the event of an emergency all riders, spectators and organisers should gather at the forest ranger's hut near the car parks and await further instruction.

Litter – use of bins

Riders and spectators are asked to use the bins provided on site or to take their rubbish home.

Description of the course

The circuit is approximately 2.8km long and the number of laps will be communicated by finish judge after the second passing over the finish line. The map below shows the entrance and exit to the forest park, the location of the car parks and the event fields.



The majority of the course is located within four event fields.

Field 1: Monument field – this is the location of the starting grid and finish line.

Field 2: Scout field number 1 – a small grass field beside the scout changing area.

Water point available

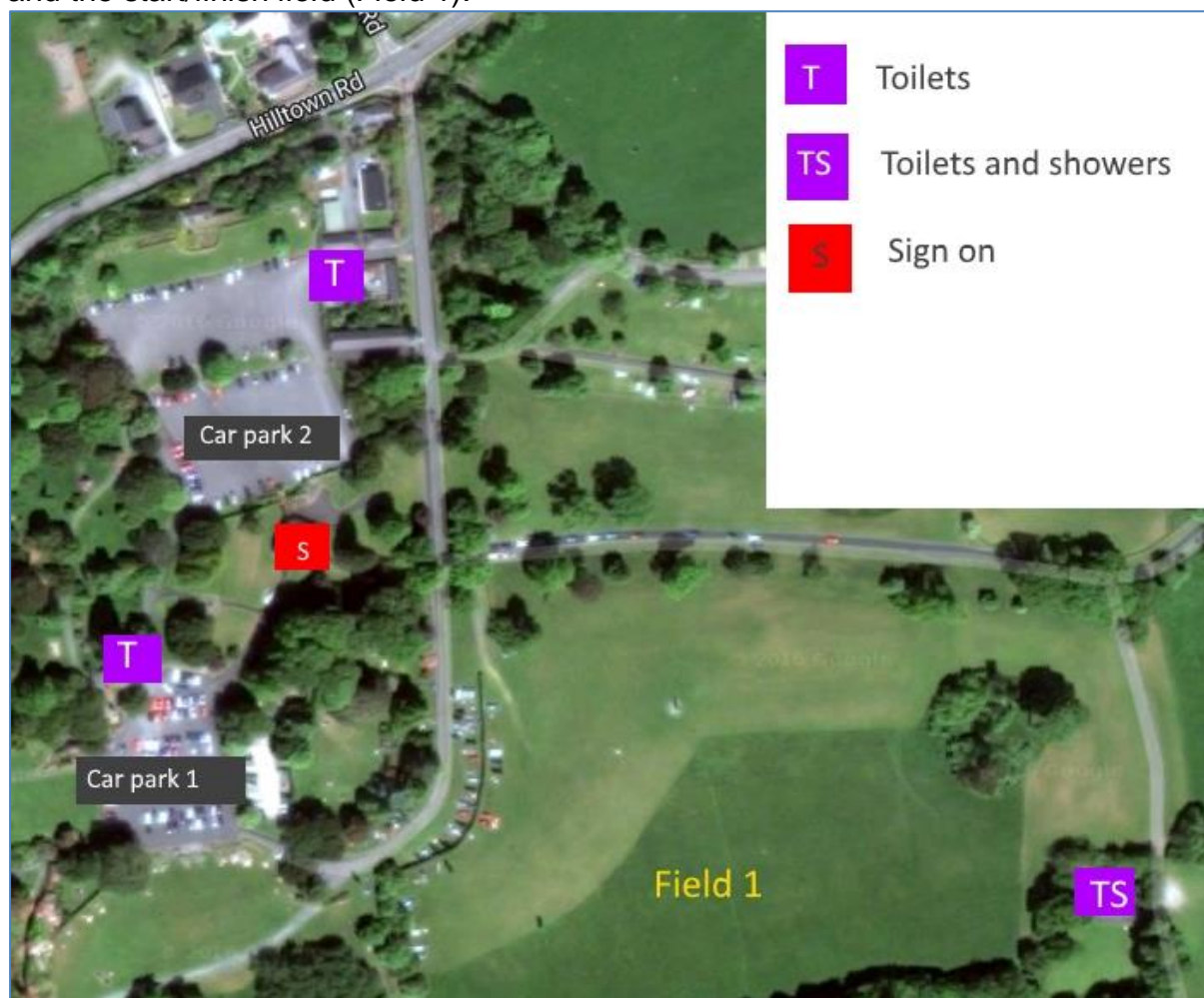
Field 3: Scout field number 2 – location of the double pit and VIP parking. Two water points available.

Field 4: The lowest field with access in and out through a newly created hole in the dividing fence back into Field 3

The two scout fields are connected by a short section of forest in which riders will have to negotiate a route between the trees.

Connection from Field 3 to Field 1 is via the tarmac road (190 metres long). The road climbs up towards the scout camp changing area before turning left into a newly cut section through the forest.

The map below shows the location of the toilet facilities in relation to the car parks and the start/finish field (Field 1).



Field 3 will contain the pit area and the VIP parking area.



Details of the VIP parking area

The map below shows details of the VIP parking area in field 3. It has been labelled with specific areas. Vehicles need to be driven along the gravel path then reversed into the next available space keeping the front of the vehicle close to the gravel path. Gazebos can be set up in the area behind the vehicle.

REMINDER – VIP vehicles need to be on site before 9 am on race day. The vehicle has to stay onsite until the end of the final race as the tarmac road is part of the course.

VIP vehicle drivers need to provide the vehicle registration number to the organisers.



Map of the course

A map of the course is shown below. Riders are asked not to pre-ride the course before the official practice times. Riders using the course before the official time will put the event at risk of being cancelled by the landowner, Northern Ireland Forestry Service.

